



**Teacher in Charge of Home Economics –
Mrs R Fudge**

Food

What will pupils gain from this subject?

This course is designed to give candidates an opportunity to extend and apply their skills, knowledge and understanding of food and nutrition. Opportunities are provided for candidates to develop their critical thinking and to manage a range of resources in order to develop food items which are suited to the needs of individuals or families, and to recognise the influence of current trends, the market economy and technological change.

The Content of Key Stages

Key Stage 4 (GCSE)

The specification content is divided into four compulsory areas of study:

1. Nutrition, Diet and Health Throughout Life.
2. Factors Affecting Consumer Choice.
3. Nutritional, Physical, Chemical and Sensory Properties of Foods in Storage, Preparation and Cooking.
4. Food Hygiene and Safety.